

AGE APPROPRIATE CHORES

Ages 2-3 Years Old

Child's Name:

- Wipe down kitchen chairs & stools with damp sponge.
- Carry in the mail or newspaper.
- Pick up toys and clothes & put in appropriate bins.
- Wash tables & counters with damp sponge.
- Fold washcloths.
- Feed pets & refill water.
- Help clean own place at the table.
- Help put groceries away.
- Unload spoons & forks from dishwasher.

Ages 4-5 Years Old

Same as above list, plus:

Child's Name:

- Make own bed.
- Help fold towels and washcloths.
- Clean own bathroom sink with wipes or washcloth.
- Water plants.
- Empty small trashcans around house.
- Sort white clothes from dark clothes for laundry.
- Help with vacuuming, sweeping, and dusting.
- Transfer clothes from the washer to dryer.
- Dust mop the floor.

Ages 6-8 Years Old

Same as above list, plus:

Child's Name:

- Wash dishes; load and unload dishwasher.
- Help change bedsheets and put dirty sheets in laundry.
- Pack lunch for school.
- Fold simple laundry items and put them away.
- Dust baseboards.
- Vacuum and dust furniture.
- Walk pets daily.
- Put groceries away.
- Pull weeds.

AGE APPROPRIATE CHORES

Ages 9-11 Years Old
Same as above list, plus:

Child's Name:

- Change lightbulbs and batteries, and do other household maintenance.
- Fold all of own laundry and put it away.
- Clean refrigerator, toilets and other more detailed household tasks.
- Wash car and vacuum inside of car.
- Assist younger siblings with homework and reading.
- Bathe and groom pets.
- Gather trash, take it out, and do other weekly trash duties.
- Organize closet and drawers monthly.

Ages 12-14 Years Old
Same as above list, plus:

Child's Name:

- Wash indoor windows and lower outdoor windows.
- Mow lawn, rake leaves, spread mulch.
- Help with administrative tasks in parent's business.
- Prepare family meal one day a week.
- Babysit siblings.
- Clean shower and tub.
- Help manage family's budget by tracking expenses and categorizing them.